**Girl Scout Badges:** Kid Partners Yoga, a Yoga to Grow program, can help girl scouts earn badges while learning about respect, fitness, positive body image and stress management. Classes are offered at every age level and include music, movement, and relaxation. Each troop can also choose one of the following activities: 1) decorating a **journal** 2) creating a **card** for a friend or loved one, or 3) making a simple, yet meaningful **necklace** (butterfly or cross). All materials are included.

Classes are $65/hour for 8 girls, $5 for each additional girl.

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**Kid Partners Yoga—Badges for Girl Scouts**

**Daisy Scouts**

Purple Petal

"Respect Myself and Others"

Red Petal:

"Courageous and Strong"

**Brownie Girl Scouts**

My Body Try-It

**Junior Girl Scouts**

Stress Less Badge

Fun and Fit Badge

"The CCLS 4th Grade Junior Troop just did the Stress Less badge with Melissa Huse and they LOVED it! She had their attention the entire time, several want to do it again, my daughter said it was the best meeting they’ve ever had and is now begging me for a yoga mat!"

Cristin Watson, troop leader

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All KP Yoga activities run by **Melissa A. Huse, M.A., CCC-SLP, CYTG**

Speech-Language Pathologist & Certified Yoga to Grow Teacher

Kid Partners Yoga is a Yoga to Grow program.

Contact Melissa at **314-402-7669** or **teamhuse@sbcglobal.net**