



# Fall Fitness Fun

There are some kids that are in constant motion. There are others that need a bit more inspiration. Carrie Choate, PT with Kid Partners, is looking forward to gathering a group of kids in the great outdoors to work on gross motor skills, overall coordination, leg strengthening, and endurance. She does it all in a fun and motivating way, helping your child learn to love movement!

**What:** 3 Sunday afternoon sessions – choose one, two or all three!

**Who:** Young School Age Kids

**When:**       **October 22**

**October 29**

**November 5**

**Time:** 3:00 to 4:00 pm

**Cost:** Each session is \$10/child or attend all three for \$25

**Where:** Meet at the playground at Longview Park, 13525 Clayton Rd., 63141.  
Look for the Kid Partners sign.

**Hope to see you there!**

Please visit [www.KidPartners.net](http://www.KidPartners.net), following the link to the sign up page or contact us below.

