



# Girl Power Art & Yoga Camp

July 10 -14, 2017

Specially designed for girls ages 9 to 12, there will be collaborative and individual opportunities to explore through movement, paint and writing to help develop:

- self confidence
- self-love
- self-expression
- intuition
- personal power
- problem solving skills
- relaxation/stress management
- build community and positive support



This fun and reflective camp will be run by Melissa Huse, SLP & Kids Yoga Teacher and Laurie Ritchie, OT/Expressive Arts Therapist. Camp sessions will take place at Good Shepherd Lutheran Church, 327 Woods Mill Rd., Manchester MO with one field trip session at nearby Queeny Park. Directions and more details at [www.KidPartners.net](http://www.KidPartners.net).



**Cost \$300 per girl**

For More Info, please contact  
Melissa at 314-402-7669 or email  
[KidPartners@sbcglobal.net](mailto:KidPartners@sbcglobal.net).

